



	7am	8am	9am	10am	11am	12.15pm	1pm	2pm	3pm	4pm	5pm	5.30pm	6.30pm	8pm	9pm
Monday	Earlybird 7-9pm		Over 50's 9-10am		Fun session 11.15-12pm							Aquanatal 5.30-6.30pm	Masters 6.30-8pm	Murderball 8-9pm	
Main Pool															
Small Pool				Summer Camp lessons 10-11am											
Tuesday	Earlybird 7-9pm		Staff Training 9-10am	Splashdance 10.15-11am	Fun session 11.15-12pm							Oban Otters 2 lanes 5-6.30pm	2 lanes 6.30-8pm	Ladies Only 8-8.45pm	8.45pm
Main Pool															
Small Pool															
Wednesday	Earlybird 7-9pm				Fun session 11.15-12pm							2 lanes 6.30-8pm		Underwater Hockey 8-9pm	9pm
Main Pool															
Small Pool															
Thursday	Earlybird 7-9am				Fun session 11.15-12pm		1.15pm	2pm	3pm	4pm	5pm	6.30pm	7pm	8pm	9pm
Main Pool												Oban Otters 2 lanes 5-6.30pm			
Small Pool															
Friday	Earlybird 7-9am		Over 50's 9-10am	Aqua-aerobics 10.15-11am	Fun session 11.15-12pm										
Main Pool															
Small Pool															
Saturday			9am	10am	11am	12noon	1pm	2pm	3pm	4pm					6pm
Main Pool															
Small Pool															
Sunday			9pm	10am	11am	12noon	1pm	2pm	3pm	4pm					4.30pm
Main Pool															Pool party time 4.45-5.30pm
Small Pool															Pool party time 4.45-5.30pm

 Public swimming
 Clubs & schools

 Atlantis sessions-pools closed
 Pools closed

 Private hire

Red Times indicate opening and closing time.

For safety reasons, a lane will be added if and when it is required
Please refer to notice board at Wet Change for any changes to programme.