

	7am	8am	9am	10am	1pm	2pm	2.30pm	3pm	4pm	6pm	6.30pm	7.30pm	8.30pm-9.30pm
Monday	7am	8am	9am	10am	1pm	2pm	2.30pm	3pm	4pm	6pm	6.30pm	7.30pm	8.30pm-9.30pm
Main Pool	Otters	Early Birds	Early Birds	Over 50's	Aqua Natal	Schools - shared use	Schools - shared use	Schools - shared use	Schools - shared use	lane swimming with Instructor	Adult Lessons	Murderball	
Small Pool					Aqua Natal			Junior Group Swimming lessons					

	6.30am	8am	9am	10.15am	11.15	12pm	2pm	3pm	5pm	8pm-8.45pm	9pm	10pm
Tuesday	6.30am	8am	9am	10.15am	11.15	12pm	2pm	3pm	5pm	8pm-8.45pm	9pm	10pm
Main Pool	Otters	Early Birds	Staff Training	Aqua Aerobics	Aqua Zumba				Oban Lifesavers Club	Ladies Only	Canoe Club	
Small Pool							Junior Group Lessons		Oban Lifesavers Club			

	7am	8am	10.30am XX	11.15am XX	12pm	1pm	2pm	2.30pm	3pm	4pm	6pm	7.30pm	8.30pm-9.30pm
Wednesday	7am	8am	10.30am XX	11.15am XX	12pm	1pm	2pm	2.30pm	3pm	4pm	6pm	7.30pm	8.30pm-9.30pm
Main Pool	Otters	Early Birds	School use	School use			School use	Schools - shared use	Schools - shared use	Schools - shared use	Octopush	Canoe Club	
Small Pool			School use				Junior Group Swimming lessons			Junior Group Swimming lessons			

	6.30am	9.30am	12pm	1.30pm	2pm	4pm	5pm	9.30pm
Thursday	6.30am	9.30am	12pm	1.30pm	2pm	4pm	5pm	9.30pm
Main Pool		School use		Schools - shared use	Schools - shared use	Junior Group lessons	Oban Otters Amateur Swimming Club	
Small Pool		School use				Junior Group Swimming lessons	Oban Otters	

	7am	9am - 10am	10.15am	11am	6pm	7.30pm	9pm
Friday	7am	9am - 10am	10.15am	11am	6pm	7.30pm	9pm
Main Pool	Early Birds	Over 50's	Aqua Aerobics			Youth Night	
Small Pool							

	9am	12.15pm	1pm	6pm
Saturday	9am	12.15pm	1pm	6pm
Main Pool		Junior Group Swimming lessons	Family Fun Session	
Small Pool		Junior Group Swimming lessons		

	9am	3.30pm	3.45pm	4.30pm
Sunday	9am	3.30pm	3.45pm	4.30pm
Main Pool			Family Fun Session	Pool party time 4.45-5.30pm
Small Pool				Pool party time 4.45-5.30pm

	Public swimming		Atlantis sessions-pools closed		Private hire	Red Times indicate opening and closing time.
	Clubs & schools		Pools closed			

Please refer to notice board at Wet Change, Website, Facebook and telephone system for any changes to programme.