

Atlantis Leisure Junior Coaching Programme

APRIL - JUNE 2010

DAY	ACTIVITY	TIME	AGE	COST- CASUAL/BLOCK(*)	ROOM	INCLUDED IN MEMBERSHIP
MONDAY	MULTI-SPORTS	4-5PM	P1 +	£2 CHILD, £2.50 ADULT, £5 FAMILY	MAIN HALL	YES
	HIGHLAND DANCE	4.15-5PM	3-6 YRS	£15.50***	DANCE STUDIO	NO
	BADMINTON	5-6PM	P3-P7	£12.50***	MAIN HALL	YES
TUESDAY	FUN-FIT GAMES	4-5PM	P1-P4	£12.50***	MAIN HALL	YES
	FOOTBALL GAMES	4-5.30PM	P6-P7	£3.00	5-A-SIDE PITCH	YES
	MUSIC & MOVES/HIP HOP	4.05-4.50PM	4 YRS+ & P1 P3	£15.50***	DANCE STUDIO	NO
WEDNESDAY	FOOTBALL	1-1.45PM	PRE- SCHOOL	£12.50***	MAIN HALL	YES
	INDOOR TENNIS	4-5PM	P4-P7	£12.50***	MAIN HALL	YES
	HIP HOP	4-4.55PM	P4-P5	£15.50***	DANCE STUDIO	NO
	CLIMBING (INT)	4-5PM	P4-S2	£12.50***	WALL	YES
	CLIMBING (BEG)	5-6PM	P4-S2	£12.50***	WALL	YES
	STREET JAZZ	5-5.55PM	S1-S3	£15.50***	DANCE STUDIO	NO
	ATHLETICS	7-8PM	7 YRS +	£3.00	MAIN HALL	YES
THURSDAY	INDOOR FOOTBALL	4-5PM	P1-P3	£12.50***	MAIN HALL	YES
	JAZZ DANCE	4-4.55PM	P5-P7	£15.50***	DANCE STUDIO	NO
	HIP HOP	5-5.45PM	P1-P3	£15.50***	SQUASH COURT	NO
	HIP HOP	5-5.45PM	P1-P3	£15.50***	DANCE STUDIO	NO
FRIDAY	MINI-MOVERS	10-10.45AM	1-3 YRS	£3.00	MAIN HALL	NO
	MINI-MOVERS	11-11.45AM	3-5 YRS	£3.00	MAIN HALL	NO
	MINI-MOVERS	12.30-1.45PM	3-5 YRS	£3.00	MAIN HALL	NO
	HIP HOP	4.15-5.15PM	P6-P7	£15.50***	DANCE STUDIO	NO
	ARCHERY	5.30-7.30PM	10 YRS +	£30.00/£35.00***	MAIN HALL	NO
	FREESTYLE FRIDAY	6.30-9PM	S1-S6	£3.00	ALL AREAS	NO
SATURDAY	BALLET	10.15-11AM	3-6 YRS	£21.70*	DANCE STUDIO	NO
	BALLET	11-11.45PM	7-9 YRS	£21.70*	DANCE STUDIO	NO
	BALLET	11.45-12.30PM	10+ BEG	£21.70*	DANCE STUDIO	NO
	BALLET	12.30-1.30PM	10+ IMPR	£21.70*	DANCE STUDIO	NO
	BALLET	1.30-3PM	14 +	£21.70*	DANCE STUDIO	NO

* PRICES BASED ON A SEVEN WEEK BLOCK

*** PRICES BASED ON A FIVE WEEK BLOCK

PLAYSPORT ACTIVITIES
 DANCE CLASSES